

# St Hugh's Catholic Primary School

## A Journey in Love



**Year 3:** How we live in love

### Parent Information

**Foreword:** Pope Francis in his Apostolic Exhortation, *Amoris Laetitia*, ("The Joy of Love"), reminds us that the family is where we first learn to relate to others, to listen and share, to be patient, to help one another, learn closeness, care and respect for others, (n.276). He underlines the importance and vital role Catholic Schools play in assisting and helping pupils grow into mature adults, (n.279). He accentuates that sex education should provide information while keeping in mind that children have not yet attained maturity. This information has to come at a proper time and in a way suited to their age (n.281).

It is hoped that love starts to enter our life from the moment of birth when we are held tenderly in the arms of our mother and developed throughout our first intimate relationship of childhood with our parents, family members, friends and teachers. At puberty the secondary sexual characteristics arise. Now we begin to seek someone from outside our family and, armed with our first relationship, we explore our second intimate relationship of love, usually ending in marriage.

The whole purpose of Catholic education at home and in the primary school is to connect every aspect of growth: physical, social, emotional, intellectual and spiritual, with love. The ultimate goal is to enable children to grow into adults who fully understand their own self-worth and love themselves (i.e. accept themselves positively) and, in turn, be able to love their neighbour (i.e. make themselves fully available to others). Parents and teachers are privileged to assist children every moment of their lives to further this link of love with their humanity and thus with God. This revised edition of *Journey in Love* is a brilliant reconciliation between the human and divine aspects of love. It offers a vision that is none other than the Kingdom of God, summed up by Jesus in the double commandments of loving God and our neighbour as ourselves.

Baroness Sheila Hollins

### YEAR 3

Children will describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe.

**Skills:** listening / observing / relating / speaking / respecting / praying /reflecting/ understanding / describing/articulating/welcoming/choosing wisely.

**Social and Emotional:** Children will be describe and give reasons how friendships make us feel happy and safe.

**Physical:** Children will describe and give reasons why friendships can break down, and how they can be repaired and strengthened.

**Spiritual:** Children will celebrate the joy and happiness of living in friendship with God and others.

### PARENTS

#### Things you could do at home:

- Discuss friendships and ways that we can help make our friendships stronger, recognising the importance of taking turns, sharing and listening to other people's views.
- Discuss some reasons why sometimes friendships break down for example being made to feel unhappy, lack of trust or lack of honesty
- Discuss how friendships can be repaired.

Loving Father,  
Thank you for each member  
of my family and for all my friends.  
Thank you for making each of us special  
and uniquely loved by you.  
Amen