

St Hugh's Catholic Primary School
Personal, Social and Health Education (PSHE) Subject Plan

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing
Autumn 2	Feelings, loss, likes and dislikes Health and hygiene Keeping safe	Change and loss Health and disease Keeping safe Drugs in the home	Balanced lifestyle Health and safety Drugs Peer pressure	Hygiene and viruses Extremism Drugs Mental health	Keeping healthy physically, mentally, emotionally Emergency aid Stereotypes	Risk Peer pressure Substance misuse Keeping safe Extremism
Spring 1	Relationships and Sex Education	Relationships and Sex Education	Relationships and Sex Education	Relationships and Sex Education	Relationships and Sex Education	Relationships and Sex Education
Spring 2	We meet God's Love in our family	We meet God's love in the community	How we live in love	God loves us in our differences	God loves me in my changing and development	The wonder of God's love in creating new life
Summer 1	Living in the Wider World	Living in the Wider World	Living in the Wider World	Living in the Wider World	Living in the Wider World	Living in the Wider World
Summer 2	Introduction to money Children's rights Environment	Rules Environment Spending and saving	Friendship/ belonging Anti-social behaviour Money Human rights	Anti-social behaviour Rights and responsibilities How to be a critical and ethical consumer	Religious and cultural diversity Universal rights and the UN convention and keeping safe Loans, debts and taxes	Diversity Rights and responsibilities Enterprise